

Jasper ISD Menu January 2018

1 <i>Happy New Year!</i>	2 <i>Student Holiday</i>	3 <i>Mini-pancakes</i> ***** Hog Dog Mayo or Mustard <i>French Fries/Ketchup</i> <i>Carrots/Ranch</i> Orange Choice of Milk	4 <i>Mini-Bagel</i> <i>Kolache Pre-K</i> ***** Fish Nuggets/Ketchup <i>Garden Salad/Ranch</i> <i>Pinto Beans</i> Corn Muffin Sliced Apples Choice of Milk	5 <i>Stuffed Crust Breadstick</i> ***** Popcorn Chicken <i>Mashed Potatoes/Gravy</i> <i>Steamed Broccoli</i> <i>Steamed Carrots (HS)</i> Whole Wheat Roll (JH & HS) Grapes Choice of Milk
8 Sausage Pancake on a Stick ***** Cheeseburger Mayo or Mustard Burger Salad <i>Sweet Potato Fries</i> Ketchup Celery Sticks (HS) Diced Pears Choice of Milk	9 Glazed French Toast Kolache Pre-K ***** BBQ on Bun <i>Pinto Beans</i> <i>French Fries/Ketchup</i> Orange Choice of Milk	10 Stuff Crust Breadstick ***** Pizza <i>Broccoli/ Ranch</i> Whole Kernel Corn Applesauce Choice of Milk	11 Mini Waffles ***** Chicken Tenders/Ketchup <i>Garden Salad/Ranch</i> <i>Steamed Carrots</i> Breadstick Sliced Apples Choice of Milk	12 Cocoa Cherry Bar & String Cheese Egg & Cheese Wrap Pre-K ***** Grande Nachos w/cheese sauce <i>Lettuce & Tomato</i> Whole Kernel Corn <i>Pinto Beans</i> Spanish Rice (HS) Peaches Choice of Milk
15 <i>Martin Luther King Day</i>	16 <i>Mini-Bagel</i> <i>Egg & Cheese Wrap Pre-K</i> ***** Tamales <i>Pinto Beans</i> <i>Whole Kernel Corn</i> <i>Spanish Rice</i> Peaches Choice of Milk	17 <i>Honey Bun</i> Kolache Pre-K ***** Chicken Sandwich Mayo or Mustard <i>Burger Salad</i> <i>Roasted Potatoes/Ketchup</i> <i>Cherry Tomatoes/Ranch (HS)</i> Diced Pears Choice of Milk <i>Chicken is Spicy at Parnell, JHS, JHS</i>	18 <i>Breakfast Burrito</i> ***** Pork Chop <i>Sweet Potatoes</i> <i>Mixed Greens</i> Corn Muffin Sliced Apples Choice of Milk	19 <i>Stuffed Crust Breadstick</i> ***** Steak Fingers <i>Mashed Potatoes/Gravy</i> Green Beans Whole Wheat Roll Applesauce Choice of Milk
22 <i>Honey Bun</i> <i>Egg & Cheese Wrap Pre-K</i> ***** Chicken Nuggets Mashed Potatoes/Gravy <i>Green Beans</i> Whole Wheat Roll (HS) Diced Pears Choice of Milk	23 <i>Chicken on Biscuit</i> ***** Cheese Quesadilla <i>Pinto Beans</i> <i>Whole Kernel Corn</i> Peaches Choice of Milk	24 <i>Mini-pancakes</i> ***** Hog Dog Mayo or Mustard <i>French Fries/Ketchup</i> <i>Carrots/Ranch</i> Orange Choice of Milk	25 <i>Mini-Bagel</i> <i>Kolache Pre-K</i> ***** Fish Nuggets/Ketchup <i>Garden Salad/Ranch</i> <i>Pinto Beans</i> Corn Muffin Sliced Apples Choice of Milk	26 <i>Stuffed Crust Breadstick</i> ***** Popcorn Chicken <i>Mashed Potatoes/Gravy</i> <i>Steamed Broccoli</i> <i>Steamed Carrots (HS)</i> Whole Wheat Roll (JH & HS) Grapes Choice of Milk
29 Sausage Pancake on a Stick ***** Cheeseburger Mayo or Mustard Burger Salad <i>Sweet Potato Fries</i> Ketchup Celery Sticks (HS) Diced Pears Choice of Milk	30 Glazed French Toast Kolache Pre-K ***** BBQ on Bun <i>Pinto Beans</i> <i>French Fries/Ketchup</i> Orange Choice of Milk	31 Stuff Crust Breadstick ***** Pizza <i>Broccoli/ Ranch</i> Whole Kernel Corn Applesauce Choice of Milk	1 Mini Waffles ***** Chicken Tenders/Ketchup <i>Garden Salad/Ranch</i> <i>Steamed Carrots</i> Breadstick Sliced Apples Choice of Milk	2 Cocoa Cherry Bar & String Cheese Egg & Cheese Wrap Pre-K ***** Grande Nachos w/cheese sauce <i>Lettuce & Tomato</i> Whole Kernel Corn <i>Pinto Beans</i> Spanish Rice (HS) Peaches Choice of Milk

***All Breakfasts are served with fruit and a choice of milk, (white milk only for Pre-K Breakfast and Lunch) and choice of juice.**

***For Lunch Chef Salads Mon, Wed & Friday at Parnell, JH and JHS & Cool Kits are offered Tuesdays and Thursdays to 1st through 12th grade.**

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